



Torbay Prostate Support Association

Serving men of all ages, and their partners, through a programme of support before, during and after diagnosis
Newsletter Summer 2015 Issue No.41

Message from our Chairman

The weather so far this Spring has been most kind with the occasional recent lapses. We now of course look forward to the Summer and I trust all will be well with you all and your families. Very Best Wishes for the holiday Season.

We still look forward to the specific computer equipment to augment and improve on and identify very minute tumours. This equipment will of course substantially reduce the time the Consultants spend on each patient's data and information and at the same time be far more accurate reducing that time taken of 4/6hrs to perhaps 2/3hrs per investigation. The Hospital is I understand still negotiating the price with the manufacturers. All your donations will enable us to provide this obviously necessary facility. Please keep those funds rolling in.

We are still desperately looking for a replacement Secretary – please contact myself or a member of the committee if you would wish to assist us. All assistance is really appreciated it is not in any way onerous. St Mary's Park Bowling Club and St. Mary's the Virgin were among the many donors this quarter donations and were particularly very helpful.

I have to arrange another Talk which we are advertising. The Talk will be by Gill Dell Senior Urology Nurse Specialist which will help a number of us as well as others who may be affected by Cancer and whose work is really appreciated. The proposed date is 15th July on the Poster while the venue is the same at the Redcliffe Hotel at 1000am coffee and start at 10.30am.

We are as always looking for new ideas for the Newsletter and Website – if you feel you may have a story to tell of your experiences with Prostate Cancer from the beginning to the present time why not share it with us all. Many of us have gone down different roads with this problem and you could well be helping someone out there who is worrying needlessly. Please think about it and contact myself or Mark the Newsletter Editor.

Again please let us know if you would like to receive your Newsletter by email since you will all appreciate that the cost per year is rising and on top of the printing, postage costs are a real consideration. Your help or contribution in this context would be very much appreciated.

Sincere Best Wishes to
Everyone Peter Hosking,
Chairman

Lunch time meetings for any ladies or widows of men with prostate cancer.

The prostate 'ladies' meet up for lunch once a month on the 3rd Thursday of the month. The prostate 'ladies' widows meet up for lunch once a month on the 1st Sunday of the month. Anyone welcome to join them for a meal and a good laugh!

Please contact Glenys on 01803 665280

TORBAY PROSTATE SUPPORT ASSOCIATION

Charity no. 1095734

TALK BY
Gill DELL

Urology Cancer Nurse Specialist
Torbay Hospital Foundation Trust
Prostate Cancer
Care & Treatments
Redcliffe Hotel.

Paignton

Thursday 16th July 2015

1030hrs (1000hrs Coffee)

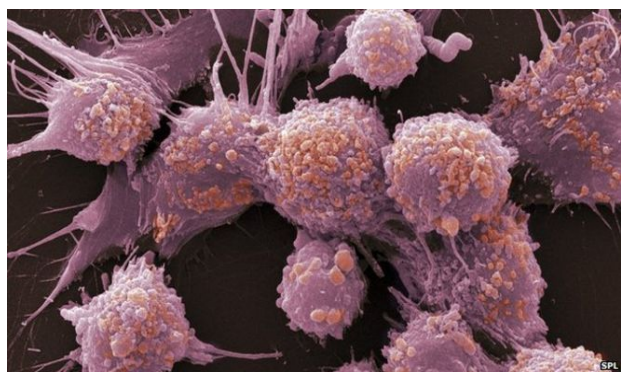
EVERYONE WELCOME (Not Just Members)

Please display this notice to encourage your friends & neighbours to come and support us.

Why not display copies of this notice in your local shops or libraries & Doctors' Surgeries?

Best of all be sure you turn up yourself and bring a raffle prize.





Prostate cancer drug 'extends lives'

Early treatment with a chemotherapy drug extends the lives of patients with advanced prostate cancer by nearly two years, a major study shows.

Docetaxel is normally given after hormone treatment has failed. But results, to be presented at the American Society of Clinical Oncology, will show earlier treatment can extend life expectancy from 43 to 65 months. Experts said the findings from a trial in Britain and Switzerland were "potentially game-changing". More than 40,000 men are diagnosed with prostate cancer and nearly 11,000 die in the UK each year. During the trial, being run across Britain and Switzerland, 2,962 men took part in the trial and some were given six doses of docetaxol at the start of their treatment. Overall, patients who received the drug lived 10 months longer, but for patients where the cancer had already spread beyond the pelvis, the increase in life expectancy was 22 months. 'Pleased'

Prof Nicholas James, one of the researchers at Warwick University, called for all patients with prostate cancer that had spread to be given docetaxel when they are diagnosed. He said the NHS needed to act quickly: "To see a 22-month survival advantage off six lots of treatment given several years earlier is a very big benefit. We are very pleased by it." Fellow researcher Prof Malcolm Mason, from Cardiff University, added: "In prostate cancer it has been used at a much more advanced stage of the illness, for some years - now we know that this chemotherapy should be added earlier, in fact as soon as hormone therapy starts." It would be relatively cheap to do as docetaxol is out of patent. 'Alive' John Angrave, 77, from Hinckley in Leicestershire, was told that he had three to five years to live. That was seven years ago. He said: "I am alive. I have a good quality of life and I am alive. "I walk. I go fishing. I can spend time with my great-grandchildren." The researchers say they need to monitor patients for longer to see if the drug significantly prolongs life if the cancer has not spread.

There were side effects from the treatment, but the doctors said they were "manageable". 'Game-changing' Cancer Research UK said the results were "important" and "show that it should be given earlier in a man's treatment". Dr Iain Frame, the director of research at Prostate Cancer UK, said: "The findings of this trial are potentially game-changing - we can't wait to see the full results. "Chemotherapy is currently one of the last-resort treatments for advanced prostate cancer. "If it is shown to have a much greater impact on survival when prescribed earlier and alongside hormone therapy, that's incredibly exciting, and we would want to see this brought in to the clinic so it can benefit men without delay." The study is one part of a much the wider Stampede trial which is assessing the impact of using a range of drugs or radiotherapy in conjunction with conventional hormone therapy.

DEVELOPMENT OF A NEW WASHABLE NIGHT-TIME ABSORBENT PRODUCT FOR MEN

You are being invited to take part in a study to evaluate a selection of washable absorbent products for urinary incontinence. Before you decide if you wish to take part it is important for you to Email newsletter@tpsa.org.uk for information sheets which provide the full breakdown why the research is being done and what it will involve. Please take the time to read the information supplied and Email us if there is anything you are unclear about.



We still need someone to take on the role of Secretary, simply to take minutes of our bi-monthly Trustees meetings, prepare agendas and write the odd letter or two etc. Not too onerous a task We also need someone to fill the vacancy of Vice-Chairman. Through the medium of this newsletter I would ask, on behalf of the present Trustees, that if you know anyone who could help maintain the aims of our charity in any way whatsoever that you furnish the details to our Chairman as soon as you are able. chairman@tpsa.org.uk

At the last members meeting held on 23rd April members and friends were once again privileged to hear Dr Anna Lydon give an interesting talk about the latest developments in the treatment of prostate cancer. Ms Lydon, a leading Consultant Clinical Oncologist at Torbay Hospital,



Dr Lydon, always an interesting and much welcomed speaker, was thanked by our Chairman for giving up her valuable time to enlighten members and the other attendees.

£101 members raised on the raffle

If you are aware of

news, products, publications, web sites, services or events that may be of interest to members of the group I'd be happy to be informed of them. If you have received this newsletter indirectly and would like to be emailed a copy directly please send me an email. I'm happy to also add any of your friends to the email list.

newsletter@tpsa.org.uk

Chairmans Quiz

1. Which sport is featured in the films Bull Durham and A League of her own?
2. What breed of dog is the star in the Beethoven films?
3. Which bird of prey is also known as a Fish Hawk?
4. What was the former name of the country now called Myanmar?
5. What does the S in Harry S Truman stand for?
6. Which famous pop star's first wife was Cynthia Powell?
7. Simnel cake was traditionally eaten on which Sunday in the year?
8. Who died first Gilbert or Sullivan?
9. In which other Holy Book, besides the Bible, is there a Garden of Eden?
10. Why did the cat sit on the computer?

New FREE Telephone Number for the National Help Line Tackle has a new telephone number for our National Help Line: 0800 035 5302. The Board's view was that the existing 0845 number should be replaced with a free 0800 number to remove any disincentive to call the Help Line



Books and prizes always needed for the raffle and the book stall in Brixham.

Gift Aid declaration –for a single donation

Please treat the enclosed gift of £_____ as a Gift Aid donation. I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given. **Please forward completed forms and donations to Darrell Fulford (Treasurer) Corbyns, Ridgeway Road, Torquay TQ1 2HL**

Donor's details

First name & Surname _____

Full Home address _____

Postcode _____

Date _____

Signature _____

Telephone No _____ (Acknowledgement of donations)

Please notify the charity if you want to cancel this declaration Or Change your name or home address

No longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code. **Please note that, to keep costs down, acknowledgement of donations will not be sent unless you include a Stamped Addressed Envelope. We will Acknowledge donations via the telephone if your telephone number is entered above.**

Newsletter

Subscribe to our newsletter by email or post. Please include your name, mailing address, phone number and email address to newsletter@tpsa.org.uk and please indicate your preference **(POST or EMAIL)**

Email preferred to keep cost down.

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